

TAB - 3



CAMPEONATOS NACIONAIS DE JUNIORES E SENIORES

2007/2008

	FEMININOS			
	JUN.	Jun. - MAC	SEN.	Sen. - MAC
50 L	00:29,10	00:27,65	00:28,90	00:27,46
100 L	01:03,40	01:00,23	01:02,60	00:59,47
200 L	02:17,00	02:10,15	02:15,30	02:08,53
400 L	04:48,00	04:33,60	04:45,00	04:30,75
800 L	09:50,00	09:20,50	09:42,50	09:13,38
1500 L	19:15,00	18:17,25	18:55,00	17:58,25
4x100 L	04:20,50	****	04:15,00	****
4x200 L	09:22,00	****	09:13,00	****
50 B	00:37,50	00:34,87	00:36,65	00:34,08
100 B	01:21,50	01:17,43	01:20,00	01:16,00
200 B	02:54,00	02:45,30	02:52,00	02:43,40
50 C	00:34,20	00:31,81	00:33,75	00:31,39
100 C	01:12,75	01:09,11	01:11,70	01:08,12
200 C	02:36,00	02:28,20	02:34,00	02:26,30
50 M	00:31,50	00:29,30	00:31,00	00:28,83
100 M	01:10,50	01:06,98	01:09,00	01:05,55
200 M	02:34,60	02:26,87	02:32,60	02:24,97
200 E	02:35,50	02:27,72	02:33,50	02:25,82
400 E	05:28,75	05:12,31	05:22,50	05:06,38
4x100E	04:55,00	****	04:50,00	****

	MASCULINOS			
	JUN.	Jun. - MAC	SEN.	Sen. - MAC
50 L	00:25,60	00:24,32	00:25,10	00:23,85
100 L	00:55,80	00:53,01	00:54,70	00:51,97
200 L	02:03,00	01:56,85	02:01,00	01:54,95
400 L	04:20,00	04:07,00	04:15,00	04:02,25
800 L	09:00,00	08:33,00	08:50,00	08:23,50
1500 L	17:15,00	16:23,25	17:00,00	16:09,00
4x100 L	03:53,50	****	03:49,60	****
4x200 L	08:30,50	****	08:20,00	****
50 B	00:33,00	00:30,69	00:32,10	00:29,85
100 B	01:12,00	01:08,40	01:10,50	01:06,98
200 B	02:37,00	02:29,15	02:35,00	02:27,25
50 C	00:30,10	00:27,99	00:29,30	00:27,25
100 C	01:04,40	01:01,18	01:03,00	00:59,85
200 C	02:20,00	02:13,00	02:16,00	02:09,20
50 M	00:27,70	00:25,76	00:27,00	00:25,11
100 M	01:01,30	00:58,23	00:59,20	00:56,24
200 M	02:17,00	02:10,15	02:11,50	02:04,93
200 E	02:20,00	02:13,00	02:16,50	02:09,68
400 E	05:00,00	04:45,00	04:54,00	04:39,30
4x100E	04:23,00	****	04:16,00	****